

DELIGHT

“In the Midst of Tragedy” (Psalm 16)

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UN-Pleasant PLACES

We all long for the “green pastures” of life. But those of us who have lived long enough realize that troubles will take us to places we want to avoid. When we get “punched in the gut” with a problem, what is the one response that shields us from discouragement and despair?

We find _____ when we _____ that we

_____ God.

HOW to DELIGHT in God During TRAGEDY

We just learned that “admitting our need” for God brings security, and security produces delight for our soul. But how can we live this out in the midst of trouble? Three actions show God that we need Him.

_____ are kept on God, not the _____ .

_____ becomes _____ if we listen to God’s

_____ .

_____ rejoices in God with _____ .

HEAVENLY Perspective

Where do you place your trust? Is your faith unshakable? How can you get to the point where you are always able to delight in God?

We can _____ God through _____ dangers

because our security is in _____ .

Discussion Questions

Getting Started

1. Whenever you encounter trouble, are you unhappy until you can overcome the problem, or have you learned to find your security in God no matter what is happening in your life?

Digging Deeper

2. The Bible mentions the “hand of God” more than 100x (here are a few... Psalm 19:1; 31:15; 38:2; 60:5; 95:4-5; 104:28; 118:15-16; 138:8; Hab 3:4; 1 Chron 29:12; Jer 15:6; Ez 6:14; Zeph 1:4; Job 19:21; Ruth 1:13; Neh 1:10). God’s hand demonstrates power, might, strength, protection, security and judgment. Are you convinced that you need God in your life?
3. What does God want with our eyes? Keep our eyes on Jesus (Hebrews 12:2); turn our eyes from worthless things (Psalm 101:3; 119:37); peace comes to those whose mind remains on God (Isaiah 26:3); look at the unseen (2 Cor 4:18); make a covenant with our eyes (Job 31:1); let our eyes look directly forward (Proverbs 4:25); if our eye causes us to sin, tear it out (Matthew 5:29); don’t be wise in our own eyes (Isaiah 5:21).

Applying the Word to Life

4. “I sought the Lord and He answered me. He delivered me from all my fears” (Psalm 34:4). When trouble comes your way, do you seek after God? Do you tell Him your fears? Will you allow Him to turn your anxiety and worry into delight and joy?
5. If you are going through a difficult time, will you set aside time to praise God with singing? With gratitude?
6. Have you ever awakened in the night with anxiety because you are in the midst of trouble? Get out of bed and get your Bible and read it out loud. You will feel a calming peace come over you. Try this the next time you cannot sleep.